

FoodFocus vs Web Options

Comparison of FoodFocus and Web Options

Find A Food

Search for food by one or more words

FF

Web

✓

✓

Search for food by one word + one part word ('raw brocc')

✓

x

Search for food with mis-spelled word (e.g. 'brocly suup')

✓

x

Search for foods by nutrient content (good source of...)?

✓

x

Search for foods by group (e.g. breakfast cereals)

✓

x

List all foods with "cereal" in the name in one list

✓

x

Search within a list of foods to find a subset of foods?

✓

x

Sort list of foods by name, nutrient content, etc?

✓

x

Food

Are food quantities for Health Canada file available?

✓

✓

Quantities

Is quantity of food always shown (# of grams in torilla)?

✓

x

Can quantity be estimated from size/shape of serving?

✓

x

Error checking on quantity (e.g. 250 litre (not ml) juice)?

✓

x

**More ways to
find foods with
FoodFocus**

**Get quantities
right with
FoodFocus**

FoodFocus vs Web Options

		FF	Web
Exploration	Table/bar chart of nutrient content of single foods?	✓	✓
	Can foods be sorted by amount of a specific nutrient?	✓	x
	Can amount of a specific nutrient in each food be seen?	✓	x
	Can amount of a specific food be adjusted?	✓	x
	Is effect of a change in a food quantity easily seen?	✓	x

Easily check out other options with FoodFocus

		FF	Web
Educational Use	Is training on program available on internet?	✓	✓
	Program designed specifically for Grade 7-12 curricula?	✓	x
	Facilitates easy changes to foods and food quantities?	✓	x
	User support and workshops available?	✓	x
	Lesson plans provided?	✓	x
	Help on importance of nutrients and sources available?	✓	x
	Nutrient content of selected foods linked to help info?	✓	x
	Can nutrient and other help info be customized by teacher?	✓	x

FoodFocus provides support, lesson plans & a resource designed only for your students